

LIST OF MOBILE APPLE APPS

Prices listed with a plus sign (+) mean in app purchases are available

Prices listed with an asterisk (*) mean subscriptions are available but not required to use

Speech Communication

Picture-based communication



Proloquo2Go

\$249.99+

Requires iOS 12.4 or later.
Compatible with iPhone,
iPad, iPod touch, and
Apple Watch.

AAC app that uses symbol and word-based communication. Compatible with switch scanning and can be edited to fit the user's needs.



AACorn Plus

\$149.99

Requires iOS 9.0 or later.
Compatible with iPad.

AAC app for children that uses a word tree to formulate words and phrases. Buttons can be changed, and a recorded voice can be added to custom words or phrases.



TouchChat HD

\$149.99+

Requires iOS 11.0 or later.
Compatible with iPhone,
iPad, and iPod touch.

An AAC app that is fully customizable. English and Spanish synthesized voices available. Has the option to share text generated to social media, iMessage or email.



TD Snap AAC

\$49.99+

Requires iOS 11.0 or later.
Compatible with iPad.

Formally Snap Core First AAC. An AAC app by Tobii Dynavox ideal for individuals with Autism, Down Syndrome, Cerebral Palsy, and intellectual disabilities.



Sono Flex

\$99.99

Requires iOS 8.0 or later.
Compatible with iPhone,
iPad, and iPod touch.

AAC app made by Tobii Dynavox that features full customization of the image buttons. Will work with both the iPad and the iPhone.



LAMP Words for Life

\$299.99+

Requires iOS 11.0 or later.
Compatible with iPad.

An AAC app by PRC that provides symbol-based communication for those who are not yet literate. The app has a full English vocabulary and uses the PRC Unity language system. Also offers Spanish language vocabulary.



Alexicom AAC \$0.99	Requires iOS 14.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	An AAC app that features page creations within the app and the ability to import photos from the device. Compatible with variety of Bluetooth switches.
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Avaz AAC – Lifetime Edition \$199.99	Requires iOS 11.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	An easy to use and customizable speech communication app for both children and adults. Can easily move between picture mode and keyboard mode. Can also access a remote therapist using Avaz Live which is built into the app..
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Niki Talk FREE	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	A simple AAC app that features up to 31 languages and 70 different voices. Capable of creating boards and uploading images.
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SmallTalk Aphasia FREE	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch.	An AAC app designed for individuals with aphasia. Features a set of starter icons and mouth position videos for stroke rehabilitation.
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Scene & Heard \$84.99	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.	An AAC app that uses scenes for context-based communication. Can use custom photos, video clips or audio messages.
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GoTalk Now \$99.99+	Requires iOS 9.0 or later. Compatible with iPad.	An AAC app that has adjustable page layouts, customizable navigation, recorded and text-to-speech capabilities, and an included symbol set.
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App2Speak \$179.99	Requires iOS 9.1 or later. Compatible with iPhone, iPad, and iPod touch.	An AAC app that includes real life photos with words and easily adjustable page sizes. Can be personalized using your own photos.
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2Talk - AAC FREE+	Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch.	A free, simple app that is for individuals who are just beginning to use AAC.
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CoughDrop FREE+	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	A simple communication app that includes starter boards and different levels of communication. Can be customized with user provided images or camera photos and recorded speech.
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SoundingBoard FREE+	Requires iOS 12.0 or later. Compatible with iPhone, iPad and iPod touch.	A simple communication app that has built-in boards for quick communications or the ability to create and customize new boards. Users can purchase more boards and see stats on which boards and buttons are used the most.
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Text-based communication



Proloquo4Text \$119.99	Requires iOS 12.4 or later. Compatible with iPhone, iPad, iPod touch.	A text-based communication app that gives a voice to literate children, teens, and adults who cannot speak. Has over 100 different voices in 18 different languages.
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VoiceItt FREE	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.	This app is designed to help individuals whose speech has been affected by disability, disorder, or impairment. The app uses speech recognition technology to learn your speech patterns to assist you in being understood. The app can also assist with controlling your smart home devices.
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Verbally FREE+	Requires iOS 8.0 or later. Compatible with iPad.	An AAC app that uses words only. Core words and phrases grid available with predictive text and 3 keyboard layouts to choose from.
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Speak – Speech Synthesizer FREE+	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.	A text-to-speech app. Allows the user to easily adjust volume, pitch, rate and the option to change language or accent. Internet connection not required.
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Symbols and board makers



Symbol Overlay Maker FREE	Requires iOS 13.0 or later. Compatible with iPad.	A symbol and picture overlay creator designed for all AbleNet Speech Communication devices. Easy to use, users can create printable overlays with over 7,000 pictures to choose from.
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Vision



Seeing AI FREE	Requires iOS 10.0 or later Compatible with iPhone, iPad, and iPod touch.	An app to assist blind or visually impaired individuals with their everyday surroundings. Has different “channels” to read short text, documents, barcodes, identify people and currency, lighting, as well as experimental “channels” to identify scenery, color, and handwriting.
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Sullivan+ FREE	Requires iOS 13.2 or later Compatible with iPhone, iPad, and iPod touch.	A visual aid app that uses the devices camera to identify items, color, faces, texts, light brightness, or scenes. Fully compatible with VoiceOver.
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TapTapSee FREE	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	An app that is designed to assist the blind or visually impaired identify everyday objects. User can take a picture or video of object and speak identification back to user.
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Be My Eyes FREE	Requires iOS 12.1 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	An app for blind or visually impaired individuals that will connect them with a volunteer to assist them with anything from describing their surroundings or reading labels.
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KNFB Reader \$99.99	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	A text-to-speech text reading app. The app will read the captured content through the use of OCR. Can read PDF and JPEG images. Can be read out loud or read in braille.
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visor – magnifier \$17.99	Requires iOS 9.3 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	A magnification app that has 3 different magnification levels and 5 different color contrast modes. Can turn on the LED flash on the device to assist with low-light. Supports VoiceOver.
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Glasses FREE+	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app that uses the device's camera to view with up to 12x magnification.
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Magnifying Glass w/Light Pro \$1.99	Requires iOS 9.3 or later. Compatible with iPhone, iPad, and iPod touch.	An app that works in conjunction with the device's camera and flash to assist reading in dim lighting and small print.
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Microsoft Soundscape FREE	Requires iOS 13.0 or later and a device with a cellular plan.	An app that uses 3D audio technology with audio cues and labels (such as points of interest, parks, roads and stores) to enhance awareness of the user's surroundings.
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RightHear FREE	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch. It is recommended to be used on a device with a cellular plan but can be used on WiFi. Also Available for Android	An app that helps users orient themselves with their surroundings. Outdoor mode can provide current location, direction, what is nearby or around, record a personal point of interest, direction, and navigation.
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NaviLens	Requires iOS 11.3 or later. Compatible with iPhone, iPad, and iPod touch.	This app uses your devices camera to identify NaviLens labels/codes in the environment. These labels/codes are like QR codes but are usually large with colored blocks. The app will then read aloud information associated with the label. Users can receive blank labels/codes to customize at home, work, or wherever they are needed.
FREE	Also Available for Android	



Voice Calc – Voice Calculator	Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch.	A calculator app that uses real voice broadcast of numbers and reports results of calculations. Customizable calculator skins.
FREE+		



Aira Vision Sim	Requires iOS 11.0 or later. Compatible with iPhone, iPad, and iPod touch.	An educational app that simulates one of 14 common eye diseases through the device's camera.
FREE		



Braille Badges	Requires iOS 10.1 or later. Compatible with iPhone, iPad, and iPod touch.	Braille themed stickers for iMessage.
FREE		



BrailleBuzz	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app that introduces braille and identifying braille letters. It was designed especially for APH's Chameleon 20™ and Braille Trail Reader LE™ refreshable braille displays. It also works with any connected display.
FREE	Also Available for Android	



Talking Typer	Requires iOS 11.0 or later. Compatible with iPhone, iPad, and iPod touch.	An accessible typing and computer keyboard tutorial app. It is self-voicing with lessons on practice, skill drills, keyboard exploring and an entertaining game all fully compatible with VoiceOver.
\$4.99		

Hearing



Ava: Best Live Captions	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.	An instant captioning app that transcribes speech-to-text. Ava can transcribe with 90% accuracy within 1 meter, or the user can invite others in for a group conversation with an invite link. As others join the users' conversation with Ava, they will appear color coded to help differentiate the speakers.
FREE+*	Also Available for Android	



Group Transcribe	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.	A free multi-device transcription app designed for in-person meetings. The app provides real-time transcription and translation. The user can invite other individuals to join the conversation from their device by providing a code.
FREE		



Parent Advocacy: D/HH	Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app designed specifically for parents and caregivers of school-age children who are deaf and hard of hearing. App includes important messages, legal rights, strategies for advocating, resources, and checklists for IEP's, 504, and other meetings.
FREE	Also Available for Android	



Marlee Signs	Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app that will teach the fundamentals of American Sign Language, including the alphabet, basic vocabulary, and common expressions.
FREE+		



Tunity: Hear any muted TV	Requires iOS 13.0 or later. Compatible with iPhone, iPad, and iPod touch.	Tunity allows the user to hear live TV from their phone, headphones, or Bluetooth speaker. Users use their camera to scan the TV and will bring up a Quick Tune list of stations to sync with. Note: the app only supports live TV and not online content like YouTube or other streaming services.
FREE*	Also Available for Android	



CaptionCall Mobile	Requires iOS 11.0 or later. Compatible with iPhone, iPad, and iPod touch. User must have a recognized hearing disability and provide Professional Certification of hearing loss. Also Available for Android	An app that allows the user to make and received captioned telephone calls from your iPad. User can adjust font size, save conversations, and have captioned voicemail.
FREE		



InnoCaption	Requires iOS 11.0 or later. Compatible with iPhone, iPad, and iPod touch. User must have a recognized hearing disability and provide Professional Certification of hearing loss.	An app that allows the user to make and received captioned telephone calls. Users can choose between captioning from live stenographers or automated speech recognition (ASR) software. Can view and email past call transcripts, voicemail with captions, and make 911 calls with captions.
FREE		



ntouch	Requires iOS 10.0 or later. Compatible with iPhone, iPad, iPod touch, and Apple Watch. User must have a recognized hearing disability and provide Professional Certification of hearing loss. Also Available for Android	An app that provides Video Relay Service for mobile sign language communication.
FREE		



P3 Mobile	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch. User must have a recognized hearing disability and provide Professional Certification of hearing loss. Also Available for Android	An app that provides Video Relay Service for mobile sign language communication. App also includes text chat and allows users to block unwanted calls.
FREE		



Petralex Hearing Aid	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app that adjusts the sound to your specific hearing needs. It has a built-in hearing test and has a 4-week adaptive course for getting used to the hearing aid. Supports Bluetooth and Air Pods.
FREE*	Also Available for Android	



Skype FREE+*	Requires iOS 11.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	A video messaging app that allows users to call up to 24 people. Chat feature and voice calls available. Skype to Skype calls are free. Users can turn on auto-captioning for video calls.
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Rogervoice FREE+*	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	Rogervoice uses automatic speech recognition and speech synthesis to caption phone calls. All calls made to another Rogervoice user are free.
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Education Support



Khan Academy FREE	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	Khan Academy is a learning library that is available to all users for free. It has a wide variety of lessons for grades 2nd and up.
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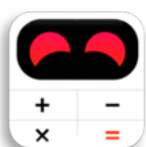
AnimalWatch Vi Suite FREE	Requires iOS 8.0 or later. Compatible with iPad.	An app designed to assist visual impaired (VI) students improve their middle school math skills.
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CodeQuest FREE	Requires iOS 11.0 or later. Compatible with iPad.	An app that teaches coding logic to preschool and early elementary students. It integrates fundamental coding concepts such as sequencing and looping into game play. Fully compatible with VoiceOver.
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Draw2Measure Protractor FREE	Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch.	A protractor app that allows students to measure angles on screen by tracing along the edges with their fingertip or a stylus. This app is accessible for blind and low vision students.
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Math Robot \$4.99	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.	An accessible app that provides fun drills and practice for simple math problems. The app is both self-voicing and compatible with VoiceOver. Also has a low vision mode for extra contrast.
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Practice2Master Fractions	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app for students to practice and become proficient in fraction calculations. It has an unlimited number of problems to practice. Accessible for low vision and blind students using VoiceOver.
FREE		



Slapstack Math	Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch.	An action and memory game that uses math flash cards instead of playing cards. It is fully accessible for all users. Can play with 2 to 8 players. Recommended for ages 7 and up.
FREE		



Fractions, by MLC	Requires iOS 12.4 or later. Compatible with iPhone, iPad, and iPod touch.	This app allows users to use bar or circles to represent, compare, and perform operations with fractions. Can use colors to select and highlight parts or pieces of the bar or circle. Has drawing tools annotate work or write equations or descriptions.
FREE		



Geoboard, by MLC	Requires iOS 11.4 or later. Compatible with iPad.	A digital tool that users can stretch bands around the pegs to form line segments or polygons. Users can choose from 8 different color bands, fill shapes, add annotations or equations.
FREE		



Math Clock, by MLC	Requires iOS 11.4 or later. Compatible with iPad.	An app to help students become fluent working with time. Clocks can be added as analog or digital, with geared or free moving hand, and color or shading. Users can add annotations or equations.
FREE		



ModMath	Requires iOS 9.0 or later. Compatible with iPad.	An adaptive math program to assist students who struggle with Mathematical notation. Users can write and solve math problems right on the screen using the custom keypad. Can also print, email, or save work to cloud services like Dropbox.
FREE+		



Microsoft Math Solver	Requires iOS 11.0 or later. Compatible with iPhone, iPad, and iPod touch.	A math app that provides free step-by-step instructions for solving math problems. Users can scan the problem with the device's camera, write in the app, or import the problems. It can be used for simple arithmetic to advanced algebra and calculus.
FREE	Also Available for Android	



Photomath	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.	Using the device's camera users can take a picture of their math problem and be given step-by-step solutions. The app covers basic math, algebra, geometry, trigonometry, calculus, and statistics.
FREE+	Also Available for Android	

Learning Disabilities and Executive Functioning

Note Taking apps



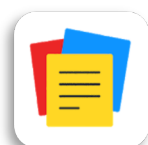
Notetalker	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch.	An audio recording app that allows you to bookmark recordings as well as take pictures to assist the user in note taking.
\$0.99	Also Available for Android	



Notability	Requires iOS 13.0 or later. Compatible with iPhone, iPad, and iPod touch.	A note taking app that allows you to take handwritten or text notes. You can sketch, import files, text, photos, or web pages. Can search, convert handwritten notes to text, and record audio that automatically syncs with notes.
\$8.99+		



Simplenote	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.	A simple note taking app to make notes and lists. Notes are searchable and can be tagged for quick reference.
FREE	Also Available for Android	



Notebook	Requires iOS 11.0 or later. Compatible with iPhone, iPad, iPod touch and Apple Watch.	A note taking app that allows the user to take notes, add images, create checklists, audio notes, or sketches. Notes can be organized into individual notebooks, grouped together, and tagged. Can set reminders and share notes.
FREE	Also Available for Android	



Google Keep FREE	Requires iOS 13.0 or later. Compatible with iPhone, iPad, iPod touch and Apple Watch. Also Available for Android	A productivity and note keeping tool that holds notes, lists, links, pictures, and drawings that can set reminders, labels, and is searchable.
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Microsoft OneNote FREE*	Requires iOS 13.0 or later. Compatible with iPhone, iPad, iPod touch and Apple Watch. Also Available for Android	A note taking app that allows the user to create different notebooks, sections, and pages to keep notes, pictures, or drawings. Can add tags, create checklists, and search notes. Includes Immersive Reader to allow for text-to-speech.
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Noted FREE*	Requires iOS 12.0 or later. Compatible with iPhone, iPad, iPod touch and Apple Watch.	A noted taking app that combines audio recording and note taking. The notes are time stamped and text can be customized or highlighted. Users can also add a # to mark important notes, add pictures, drawings, or search notes.
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Livescribe+ FREE	Requires iOS 9.3 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	An app that is designed to be used with the Livescribe 3 and Aegir series smartpens which allows the user to sync what is written.
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Apps for Literacy



Microsoft Lens: PDF Scanner FREE	Requires iOS 13.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	A scanning app that can save and organize digital copies of printed documents, business cards, posters, or blackboards. Users can search and edit documents. Immersive Reader provides text-to-speech and can manipulate the text to add more spacing, color, or translate within the app.
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Capti Voice FREE+*	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch.	A literacy and reading support app that provides text-to-speech for documents, books, etc. Customizable text color and font. Compatible with VoiceOver.
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Speechify FREE+*	Requires iOS 13.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	A text-to-speech app that allows you to upload documents, import website links, or copy text into the app. Can translate text into 50+ languages.
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Prizmo Go > Grab Text & Share FREE+*	Requires iOS 12.2 or later. Compatible with iPhone, iPad, and iPod touch.	A photo-based scanner app that can scan and recognize text documents. Provides Text-To-Speech and fully compatible with VoiceOver. Premium version enables text export, translation, and handwriting recognition.
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Text to Speech – by Natural Voices Speak TTS FREE+*	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app that allows you to type in or copy and paste text and listen with a human quality text-to-speech.
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Voice Dream Writer \$9.99	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.	App that features text-to-speech proofreading to reduce mistakes. Can also read words and sentences while typed for voice dictation. Feature's ability to export to Microsoft Word.
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Voice Dream Reader \$19.99+	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app that allows users to read with their ears. Feature's text-to-speech that is compatible with a wide range of formats like PDF, Bookshare, and audiobooks.
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Voice Pack \$5.99	Requires iOS 8.2 or later. Compatible with iPhone, iPad, and iPod touch.	An app that works with both the Voice Dream Reader and Writer, which allows the user to download two new voices for use with the apps.
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BeeLine Reader \$4.99+	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app that displays text using guiding color gradients. Helpful for people with dyslexia, ADD, or vision impairments.
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Endless Reader FREE+	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app that teaches with sight words using games and puzzles. Starts with 6 words for free with in-app purchases available for more words.
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OverDrive: eBooks & audiobooks FREE	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	An app that links up with your local libraries to check out eBooks and audiobooks. Can adjust reading settings of eBooks including changing font, theme, and text size.
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Libby, by OverDrive FREE	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	An app that links up with your local libraries to check out eBooks and audiobooks. Can adjust reading settings of eBooks including changing font, theme, and text size.
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MDA Avaz Reader for Dyslexia FREE*	Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	An app with multiple features to assist reading, including OCR to translate Text-To-Speech. Enables finger reading, allows for plain-text view, line-by-line reading, hints to encourage reading, and a build tool.
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Avaz FreeSpeech FREE*	Requires iOS 9.1 or later. Compatible with iPhone, iPad, and iPod touch.	An app that uses picture tiles to help anyone with a language impairment to learn and develop grammar skills. Simply drag the picture tiles on the screen to arrange the sentences. FreeSpeech uses visual guides to assist the user in creating a grammatically correct sentence.
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Grammarly Keyboard FREE*	Requires iOS 11.2 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	An app that assists users in checking spelling, grammar, punctuation, and vocabulary. Keyboard integrates smoothly with all apps and provides explanations for corrections to help you understand the mistakes.
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Audio Recording & Transcribing apps



Just Press Record \$4.99	Requires iOS 13.0 or later. Compatible with iPhone, iPad, iPod touch, and Apple Watch.	An audio recording app that allows you to record, playback, transcribe recordings, share audio/text, and organize content.
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Otter: Transcribe Voice Notes FREE*	Requires iOS 11.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	An app that can record and transcribe audio in real time. It automatically applies punctuation, capitalization, and highlights key points. Has the ability to search, highlighted playback, and 600 free minutes a month of recording.
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Temi – Recorder and Transcriber FREE	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	An audio transcribing app that uses built-in speech recognition engine. The app provides real-time live voice-to-text as you record. Transcripts are searchable.
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Scheduling apps



Pocket Schedule Planner FREE*	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app to help students keep track of classes, assignments, and exams. Can customize by color, icons, save teachers contact information, and set alerts and reminders.
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CanPlan FREE+	Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch.	A scheduling application designed to build confidence and promote independence. Reminders/notifications can be set. Tasks can be broken down into a sequence of easy-to-follow steps, illustrated by photos and reinforces with text and audio instructions.
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Visual Schedule & Social Story FREE+	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	This app provides visual support for completing tasks and appropriate behaviors at home, school, or in the community. Users can create new schedules using templates or your own pictures within the app.
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First Then Visual Schedule	Requires iOS 3.2 or later. Compatible with iPhone, iPad, and iPod touch.	A scheduling application designed for caregivers to provide positive behavior support. Fully customizable, can save and share schedules, and create PDF for printing.
\$9.99		

Time Tracking apps



MultiTimer: Multiple Timers	Requires iOS 10.0 or later. Compatible with iPhone, iPad, iPod touch, and Apple Watch.	A versatile and easy to use timer app. With over 10 different types of timers to choose from, you can customize the color, name, sounds, and icons. With the free version you can create 1 board with up to 12 timers.
FREE+		



Focus To-Do: Focus Timer&Tasks	Requires iOS 9.0 or later. Compatible with iPhone, iPad, iPod touch, and Apple Watch.	A timer and task management app that combines the Pomodoro Technique and To Do Lists. The app allows user to set tasks, recurring tasks, subtasks, reminders, and task priorities. User can also customize pomodoro timer/break lengths and tones for alerts.
FREE+*	Also Available for Android	



Toggl Track – Hours & Time Log	Requires iOS 13.0 or later. Compatible with iPhone, iPad, and iPod touch.	A productivity app designed to help users track where they are spending their time. Can integrate tasks with calendar, use Siri to add or update tasks, and customize entries with project labels and tags. Can produce summary reports.
FREE	Also Available for Android	



aTimeLogger - Personal Tracker	Requires iOS 10.0 or later. Compatible with iPhone, iPad, iPod touch, and Apple Watch.	A simple, easy to use time tracking app. Can customize with themes, colors, and icons. Ability to set goals and view reports with diagrams and graphs. Can use with widget or Siri shortcuts.
\$4.99	Also Available for Android	

Task apps



Remember the Milk	Requires iOS 12.0 or later. Compatible with iPhone, iPad, iPod touch and Apple Watch.	A smart to-do app that allows you to set tasks and get reminded via email, text, IM, Twitter, or mobile notification. Ability to search tasks and notes. Integrates with Gmail, Google Calendar, Twitter, Evernote and more.
FREE*	Also Available for Android	



Trello FREE*	Requires iOS 13.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	An organization and project management app that uses simple and customizable boards, lists, and cards to get things done. Can turn on notifications and assign or collaborate on boards or lists.
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Daily Living

Automation



IFTTT FREE*	Requires iOS 11.2 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	An automation app that works with over 600 apps. Uses “recipes” to control, alert, back up, and even post to social media without you needing to do so manually.
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Medication Tracking



Mango Health FREE	Requires iOS 11.0 or later. Compatible with iPhone, iPad, iPod touch and Apple Watch. Also Available for Android	A habit tracking app to help simplify and reward the user’s daily routine. Can set reminders for medications, healthy habits, and your mood. Gives points for keeping up with daily habits. Can also set up a caregiver profile to monitor medications and reminders.
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Pill Reminder – All in One FREE+	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	A customizable medication and appointment reminder app – all in one place. Can add medications from the FDA Drug Database for easy entry, view medications and appointments in the calendar view, and set reminders in a variety of ways needed for the user.
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Round Health FREE	Requires iOS 8.0 or later. Compatible with iPhone, iPad, iPod touch, and Apple Watch.	A medication tracking app that sets a “reminder window” instead of a set time to accommodate busy schedules or distractions.
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Medisafe Medication Management	Requires iOS 12.0 or later. Compatible with iPhone, iPad, iPod touch, and Apple Watch.	A medication tracking app that provides an easy-to-read schedule of medications and when to take them. Can set alarms, reminders for refills, keep a diary of symptoms, appointments, and doctors all within the app.
FREE*	Also Available for Android	



Max - Pill Reminder	Requires iOS 13.0 or later. Compatible with iPhone, iPad, and iPod touch.	A simple medication reminder app. Set notification up by daily, specific days, day intervals or based on menstrual cycle. Sends push notification reminders. If there is no response to the push notification the user will be notified by a reminder phone call.
FREE	Also Available for Android	

Habit Tracking



Habit-Bull: Daily Goal Tracker	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app to help the user keep track of day-to-day habits and routines. Habits are fully customizable, easy to track, and provides inspiring quotes to help stay motivated.
FREE*	Also Available for Android	



Habitica: Gamified Taskmanager	Requires iOS 13.6 or later. Compatible with iPhone, iPad, and iPod touch.	A habit tracking and To Do app that uses gaming features for users to stay motivated and organized. User creates an avatar that can level up and unlock features such as armor or pets by completing tasks and working on healthy habits.
FREE+*	Also Available for Android	

Calendar apps



Google Calendar	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch.	A calendar application that can add events as well as To-dos and Goals. Can sync with other calendars including iCloud and Google Classroom.
FREE	Also Available for Android	



PocketLife Calendar	Requires iOS 12.0 or later. Compatible with iPhone, iPad, iPod touch, and Apple Watch.	A calendar app that allows you to share your calendar, sync with Google, iCal, and Yahoo, and create events and reminders.
FREE+*		



24me Smart Personal Assistant FREE*	Requires iOS 9.0 or later. Compatible with iPhone, iPad, iPod touch, and Apple Watch.	Your calendar, to-do list, tasks, and notes all in one place. The app syncs with all your calendars and provides smart alerts based on your location. Users can use their voice to add tasks, notes, or meetings.
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Cozi Family Organizer FREE*	Requires iOS 11.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	A shared calendar and list app that allows you to keep track of every family member's schedule. Also has a recipe box to keep and organize all your recipes.
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Apps for Budgeting and Money Skills



HomeBudget Lite (w/sync) FREE+	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch.	An expense app tracker designed to help keep track of expenses, income, bills, due dates, and account balances. Income and expenses must be entered in manually. Can sync across devices to work together on a family budget.
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Goodbudget Budget Planner FREE*	Requires iOS 12.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	A personal finance app that utilizes the "envelope method" budgeting a set amount of money each month/year. Income and expenses are entered manually. 10 regular envelopes and 10 annual envelopes available for free version.
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Life Budget – Personal Finance & Money Management FREE+	Requires iOS 7.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	A simple expense tracking app to assist with money management. Users must enter expenses and income in manually.
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Mint: Personal Finance & Money FREE+	Requires iOS 13.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	A money management app that brings together balances, budgets, credit health, and financial goals. Users can sync their accounts with the app to see their net worth and spending trends.
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Counting Bills & Coins

FREE

Requires iOS 7.0 or later.
Compatible with iPhone, iPad, and iPod touch.

This app helps the user practice identifying and solving math problems with money. Users can count money, make change, and match amounts shown.



Money Pieces, by MLC

FREE

Requires iOS 12.3 or later.
Compatible with iPad.

A simple app to help users visualize and understand money. Virtual currency can be replicated or broken down into smaller currency. Annotations and equations can be written on screen and shared.



Money Up! – Build Life Skills

\$15.99

Requires iOS 9.0 or later.
Compatible with iPhone, iPad, and iPod touch.

An accessible app to assist in teaching and reinforcing real life money situations. The app includes games to identify notes and coins, how much to pay, how much money they have, and calculating cost.

Assist with Focus, Sensory, or Sleep



Stand Up! The Work Break Timer

FREE+

Requires iOS 11.0 or later.
Compatible with iPhone, iPad, and iPod touch.

A personal well-being app to help increase focus. Designed to remind the user to stand up and take breaks. Timers can be set in intervals or for certain days of the week and location can be set to only remind you at a certain location.



White Noise Lite

FREE

Requires iOS 10.0 or later.
Compatible with iPhone, iPad, and iPod touch.

Also Available for Android

An app that offers a range of sounds to help the user keep focus, relax, or fall asleep. Has over 40 looped sounds to choose from, can mix different sounds to create your own customized soundscape, and can set alarms or timers.



A Soft Murmur

FREE+

Requires iOS 8.0 or later.
Compatible with iPhone, iPad, and iPod touch.

Also Available for Android

An app that offers a range of sounds to help the user keep focus, relax, or fall asleep. Has over 40 looped sounds to choose from, can mix different sounds to create your own customized soundscape, and can set alarms or timers.



Dreampad Sleep FREE	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	An app that offers a range of sounds to help the user keep focus, relax, or fall asleep. Has over 40 looped sounds to choose from, can mix different sounds to create your own customized soundscape, and can set alarms or timers.
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Sensory Electra FREE	Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	A simple, stimulating app for all ages. Responds to taps and up to 3 finger movements.
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Sensory Magma FREE	Requires iOS 10.3 or later. Compatible with iPhone, iPad, and iPod touch.	A simple, stimulating app for all ages. Responds to taps and up to 3 finger movements.
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Fluid Simulation FREE+*	Requires iOS 11.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	The app is designed to simulate gas, water, and liquids. The user can touch the screen and see a flourish of colors and ripples emerge across the screen. Users can also customize the color palette and how the screen responds to your touch.
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iFidget FREE	Requires iOS 7.0 or later. Compatible with iPhone, iPad, and iPod touch.	An app that is designed to help people with habits from rocking back and forth to restless leg syndrome.
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Caretaking and Behavioral Management



Birdhouse for Special Needs FREE*	Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	An organizing and tracking application to assist parents/caregivers keep track of behaviors, nutrition, medical information, therapies, schedules, and interventions all in one place.
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Autism Tracker Lite	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.	A tracking application to assist parents/caregivers keep track of health, behaviors, nutrition, and mood for their child with autism. The app has a built-in calendar and report system to view and keep track of patterns. The lite version provides full functionality for up to 12 entries so users can trial before purchasing the Pro version.
FREE+	Also Available for Android	



Chores & Allowance Bot	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.	An easy way to keep track of your family's allowances, chores, and savings goals. Can create daily, weekly, or monthly allowances for each child.
FREE*	Also Available for Android	



Bearable – Mood & Symptoms	Requires iOS 11.0 or later. Compatible with iPhone, iPad, and iPod touch.	A tracking tool that allows the user to track symptoms, mood, sleep, exercise, diet, and medication. Colorful, customizable, and easy to use interface. Dark mode available.
FREE*	Also Available for Android	



Huddy Health	Requires iOS 11.0 or later. Compatible with iPhone, iPad, and iPod touch.	A health and wellness app that enables patients or clinicians to track their health and symptoms. Includes a personalized journal, graphs, and resources.
FREE	Also Available for Android	

Apps for Children/Adolescents



Stop, Breathe & Think Kids	Requires iOS 10.1 or later. Compatible with iPhone, iPad, and iPod touch.	A mindfulness, meditation app for kids to help them discover and develop skills for sleep, being calm, learning to breathe, and resolve conflict. Can create up to 5 profiles for different children and 15 free mindful activities for every situation.
FREE*		



Breathe, Think, Do
with Sesame

FREE

Requires iOS 10.0 or later.
Compatible with iPhone,
iPad, and iPod touch.

Also Available for Android

A mindfulness, meditation app for kids to help them discover and develop skills for sleep, being calm, learning to breathe, and resolve conflict. Can create up to 5 profiles for different children and 15 free mindful activities for every situation.



Social Story
Creator & Library

FREE+

Requires iOS 9.0 or later.
Compatible with iPhone,
iPad, and iPod touch.

This app allows users to create, print, and share social stories, visual schedules, and memories. Stories can be created with pictures, recordings, or text and can be used and created offline.



Khan Academy
Kids

FREE

Requires iOS 9.3 or later.
Compatible with iPhone,
iPad, and iPod touch.

Also Available for Android

An app to help teach reading, writing, language, math, social-emotional development, problem solving skills, and motor development. Parents/teachers can set up multiple children's profiles. For individuals up to the 2nd grade learning level.



GoNoodle – Kids
Videos

FREE

Requires iOS 10.0 or later.
Compatible with iPhone,
iPad, and iPod touch.

Also Available for Android

Designed for active screen time, GoNoodle has over 300+ dance videos, yoga exercises, and mindfulness activities for kids. New videos are uploaded every week. The menu is easy to browse and play.



Flip-Over FACES

FREE

Requires iOS 11.0 or later.
Compatible with iPhone,
iPad, and iPod touch.

Also Available for Android

A fun and versatile app where a child can explore facial expressions. While any student can benefit from this app, it is designed for students with low-vision and a cognitive level of age 5 or older.



Jade Autism

FREE*

Requires iOS 12.0 or later.
Compatible with iPhone,
iPad, and iPod touch.

Also Available for Android

An app designed for children and teenagers with autism, developmental delay, or learning difficulties. The app provides activities for problem solving, using strategic thoughts, and decision making.

Mental Health and Emotional Wellness

Brain Exercise



Brain Yoga Brain Training Game

FREE+

Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch.

[Also Available for Android](#)

An app that aims to train your brain in a relaxing way. Has 11 puzzle game, no timers, and no high scores.



Lumosity

FREE*

Requires iOS 11.2 or later. Compatible with iPhone, iPad, and iPod touch.

[Also Available for Android](#)

A brain training app with over 40 mind games to improve cognitive and academic abilities. The app offers workout modes, detailed training insights, and mindfulness training.



Brain HQ

FREE*

Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.

A brain training app with exercises focused on cognitive improvement, real-world improvements, and physical brain changes.



Elevate

FREE*

Requires iOS 11.2 or later. Compatible with iPhone, iPad, iPod touch and Apple Watch.

[Also Available for Android](#)

A brain training app designed to improve focus, speaking abilities, processing skills, memory, math skill and more. The app includes over 35 games, workout calendar, and personalized daily puzzles.

Mental Health Tools



PTSD Coach

FREE

Requires iOS 11.0 or later. Compatible with iPhone, iPad, and iPod touch.

[Also Available for Android](#)

This app provides education on PTSD, self-assessments, tools to help manage PTSD, and information regarding professional care.



Breathe2Relax

FREE

Requires iOS 9.0 or later. Compatible with iPhone, iPad, iPod touch and Apple Watch.

[Also Available for Android](#)

A stress management app that provides detailed information on the effects of stress as well as instructions and practice breathing exercises to help reduce stress.



MindShift CBT FREE	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	MindShift is a free, scientifically based anxiety tool. The app uses Cognitive Behavioral Therapy (CBT) to help the user learn to relax, be mindful, develop more effective ways of thinking, and use active steps to take charge of anxiety.
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Jour: Daily Self-Care Journal FREE*	Requires iOS 12.1 or later. Compatible with iPhone, iPad, and iPod touch.	Jour is journaling app that provides interactive guides tailored to improve confidence, gratitude, focus, and address feelings of loneliness or anxiety. All journal entries are encrypted, and users can track their progress over time.
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stoic. FREE*	Requires iOS 12.1 or later. Compatible with iPhone, iPad, iPod touch, and Apple Watch.	stoic. provides several mental health tools and trackers to help you be happier and have better control over your emotions. Tools include journaling with or without prompts, meditation, breathing exercises, motivational quotes, exercises to help with negative thoughts, and goal setting.
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Virtual Hope Box FREE	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	An app designed to help with coping, relaxation, distraction, and positive thinking. User can save documents they personally find supportive.
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Meditation Apps



MyLife Meditation: Mindfulness FREE*	Requires iOS 13.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	A mindfulness, meditation app to help reduce stress and anxiety. User can log and track progress. Over 40 free guided activities available in different lengths to fit your schedule.
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Smiling Mind FREE	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	A mindfulness, meditation app from Australia. Meditation programs available for children, youth, adults, the classroom, the workplace, and for sleep. Can set reminders and follow progress.
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Calm FREE*	Requires iOS 12.0 or later. Compatible with iPhone, iPad, iPod touch, and Apple Watch. Also Available for Android	A mindfulness, meditation app from Australia. Meditation programs available for children, youth, adults, the classroom, the workplace, and for sleep. Can set reminders and follow progress.
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Brain Injury

Brain Injury



CDC HEADS UP Concussion and Helmet Safety FREE	Requires iOS 6.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	An app that teaches the user how to spot a possible concussion and what to do if someone has a concussion or serious brain injury. The application also features a 3D helmet fit and teaches about proper helmet safety.
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Let Me Check My Notes FREE*	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.	A note taking app specifically designed for individuals with brain injury. Easy to add notes, categorize and color code. Can add attachments to notes, search for specific notes, and can sync with iPhone calendar. Integrates with My Bionic Brain Program.
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For Aphasia



Language Therapy 4 in 1 \$74.99	Requires iOS 9.0 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	A 4 in 1 app designed to be used for individuals with aphasia. Feature's comprehension, reading, naming, and writing.
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Dexteria \$5.99+	Requires iOS 12.2 or later. Compatible with iPhone, iPad, and iPod touch. Also Available for Android	An app that uses unique hand and finger activities to build strength, control, and dexterity. Does automatic tracking and reporting that can be emailed directly from the app. Can be used with both children and adults.
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